

24 : HOURS OF : PEACE

JASVINDER

Background

Jasvinder Sanghera is an author and activist. She wrote the best-seller "Shame", and founded the campaigning charity Karma Nirvana.

Suggestions for discussion

Jasvinder's contribution to the work of peace in the UK has been to fight for the rights of women threatened by forced marriage – and to then use the personal lessons of that struggle to help and support others through her writing and campaigning . Are you surprised to hear her sort of work described as "peacemaking"?

Jasvinder talks about the influence of her own Sikh background – what in your own cultural background do you struggle against ? And – taking a leaf out of Jasvinder's book – what strengths for struggle has that background also given you?